

Open Water Navigation & Tidal Planning

What Paperwork Is Required?

When you meet your trainers they will need to see the following:

- Note: It is not essential to be a member of either canoe unions to undertake training. However, we recommend that all students join before attending. Tel BCU on 0845 3709500; or Tel SCA on 0131 317 7314.
- Evidence of completion of the BCU Coastal Navigation and Tidal Planning Course or equivalent. (if this is done with Glenmore Lodge the day before this is acceptable)
- Please bring your BCU log book (if you have one)

The Course

This one-day course is designed for all sea kayakers who want to develop their knowledge and skills in more advanced Tidal Planning and Navigation.

This course is a pre-requisite for the BCU 5 Star Sea Leader Award, as well as being a course suitable for any sea kayaker wanting tidal planning training.

Training will be classroom based and will make use of Glenmore Lodge's IT facilities, classrooms and extensive tidal planning resources. The emphasis of this course is to further your knowledge of applied advanced tidal planning and navigation. This will look particularly at the tidal planning required for paddling Open Crossings that are affected by tide and wind. In addition to this it will look at the on the water navigation techniques to help ensure that you stay on track when paddling your planned open crossing!

For further information and more detailed syllabus please contact the BCU on 0845 370 9500 or www.bcu.org.uk

Arrival & Departure Information

This one-day course starts at 0900 when you meet you instructors and finishes around 1700. Lunch, teas, coffees, and afternoon tea/cake at 1645hrs are included in the course price.

What Will I Need?

This is an indoor based course so no specialist equipment is needed. Please feel free to bring along any personal tidal planning resources with you.