

## Croatia Sea Kayaking

### What We Cover

Our plan for our time in Croatia is to explore by sea kayak some of the stunning islands and coastline of Croatia. The six-day sea kayaking journey will allow us to explore the beautiful Elafiti islands just North of Dubrovnik. These islands offer a fantastic variety of sea kayaking including cliffs, caves, offshore islands, sandy beaches and quiet villages. The wildlife in the area includes Dolphins if we are lucky and the weather is typical of the Adriatic, warm and sunny. The week will include a new section of coastline to explore every day as we get out journeying and we can look at developing your kayaking skills en route if you wish. In addition to this we will be enjoying some fantastic local food and hospitality and will be able to help you with your snorkelling, which we totally recommend!!

Having arrived in Dubrovnik, Croatia, we will transfer by ferry to the Island of Lopud. Here we will base ourselves for two days and explore the coastline and islands around Lopud. After this we will paddle North to the Island of Sipan where again we will have a couple of days exploring the surrounding islands. After this we will journey back to Dubrovnik, staying another night back at Lopud. The 6 days paddling will hopefully finish in the spectacular ancient city of Dubrovnik where we will land at a sandy beach overlooked by the great city walls. Our final night will be spent in Dubrovnik where we will have the opportunity to see some of this amazing city.

### Trip Itinerary

Day 1	- Arrive Dubrovnik, transfer via ferry to Lopud Island.	14km
Day 2	- Paddle west coast of Lopud to South beach. Paddle out/back to sv. Andrija.	18km
Day 3	- Lopud South Beach to and around Kolecep Island, return to Lopud.	15km
Day 4	- Lopud to Ruda Island and then up west coast of Sipan to Sipanska Luka.	20km
Day 5	- Sipanska Luka to Jakljan and Olipa Islands and back to Sipanska Luka.	12km
Day 6	- Sipanska Luka to Lopud.	12km
Day 7	- Lopud to Dubrovnik.	23km
Day 8	- Transfer to Dubrovnik Airport.	

### The Accommodation

Throughout the expedition we will be based in comfortable twin/double room apartments. These will have toilet and shower facilities and be in quiet rural villages on the islands. Each night we will eat out in local restaurants and be able to enjoy the mouth watering Croatian cuisine. The apartments will be a stones throw from the beach that you will arrive on by kayak. Breakfasts and lunches will again be provided and no doubt be enjoyed sat outside in the sunshine! Our final night in Dubrovnik will again be based in comfortable accommodation and an evening meal in a restaurant will be included.

### Arrival & Departure Information

The course will begin on Sunday 11<sup>th</sup> September 2011, meeting at Dubrovnik. We will provide transfers from the airport to get us to the ferry terminal where we will get a ferry to the island of Lopud. On Sunday 18<sup>th</sup> September 2011 at the end of the course we will provide transfers to Dubrovnik airport for the return flights. All transfers and ferries are included as part of the price but you must book and pay for your own flights to and from Dubrovnik separately.

**Please do not book any flights to Dubrovnik until we advice you to, at the same time we will give you further advice on travel options and how to book.**

## What Will I Need?

We will provide all kayaks (P&H Capellas and Skyes, and Wilderness System) as well as paddles, buoyancy aids, spraydecks. General paddling and travel clothing will be all you need. A full equipment list will be issued along with travel information nearer the time.

Further information and a full itinerary will be sent out nearer the expedition date, along with details of travel arrangements. Do not book any flights until these details have been sent and discussed.

## Useful Reading

### **Sea Kayak Navigation by Franco Ferrero**

The first edition rapidly became a standard text for sea kayakers. This new edition builds on that success. It is recommended as support material for the new British Canoe Union navigation courses that have been introduced.

### **Sea Kayak: A Manual for Intermediate & Advanced Sea Kayakers by Gordon Brown**

Gordon Brown is a BCU Level 5 sea coach. He shares his knowledge with you in his own succinct humorous style and very visual approach. Over seventy photographs and illustrations help to make this an essential modern manual for the sea kayaker

### **Sea Kayak Handling: A Practical Manual for Beginner & Intermediate Paddlers by Doug Cooper**

This is a practical guide that will help the reader to master the skills needed to manoeuvre a sea kayak efficiently. For beginner and intermediate paddlers. Doug draws on his personal and coaching experience to help the reader master sea kayak handling skills and techniques. Accurate sequential photos and simple concise language make the descriptions easy to follow and understand.

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