

## Climbing Wall Award Abseil and Top Roping Module Assessment – ½ Day

- You must have completed the CWA assessment and attended the CWA Abseil and top roping module training.
- Being registered with the SPA or ML schemes is NOT registration for the CWA scheme.
- Contact the MLTS on 01479 861248 if you are not registered for the CWA award.

### CWA ABSEIL AND TOP ROPING MODULE ASSESSMENT PROGRAMME

This element of the CWA is optional and is designed to equip candidates with the skills and techniques required for managing top-roping and abseiling groups on purpose-built artificial climbing walls and structures. You MUST have completed your CWA assessment and attended a CWA Top Rope and Abseil module training course at least three months before attending this assessment course. Please refer to the Climbing Wall Award Handbook for full details.

<b>Start 0900Hrs Glenmore Lodge</b>	<b>Personal Introductions</b> About the CWA Abseil Module assessment and the CWA scheme Logbooks Provisional programme Review of personal climbing experience Personal climbing equipment check and discussion.
	<b>Equipment</b> Discussion on selecting equipment suitable for top-roping and abseiling at any given climbing wall and looking at evaluating the condition of abseiling equipment.
	<b>Personal Abseiling</b> Demonstrate the ability to use abseiling equipment appropriately and abseil without requiring a back-up safety rope.
	<b>Management of Groups Accessing the Tops of Walls</b> Prior to working at the top of the climbing wall we will look at how to evaluate the risk to participants when accessing the top of walls, and look at what management techniques to safeguard participants and supervisor(s) we can use.  Demonstrate an ability to lead climb at a minimum of Fr4 and attach self to top anchors.
	<b>Top Rope Belaying</b> Demonstrate setting up top ropes systems and choose the most appropriate system for a/ a variety of group climbing situations b/ protecting an abseil.
	<b>Belaying Techniques</b> Demonstrate a practical application of a variety of different belay techniques/devices competently and choose the most appropriate for a given situation Demonstrate an ability to hold falls and perform lowers.



<p>End approx 1230Hrs</p>	<p><b>Managing Top Rope Sessions</b></p> <p>Manage the safety of those arriving at the top of a wall          Be aware of potential common problems and how to avoid them.          Demonstrate an understanding of how to deal with common problems if they occur.</p>
	<p><b>Group Abseiling</b></p> <p>Demonstrate setting up a group abseil session using existing belay points, and attach participants to both abseil rope and safety rope and managing a fun safe session.          Demonstrate an awareness of potential common problems and their solutions          Demonstrate an awareness of techniques for managing the safety of participants at the top of walls</p>
	<p><b>1:1 Debriefs and result</b>  <b>End of Assessment Course</b></p>